

SCHOOL RECOGNITION PROGRAM CRITERIA PROGRESSION CHART

Focus Area	Bronze Objective	Silver Objective	Gold Objective
School Health Advisory Council	Policy or proclamation establishing a School Health Advisory Council	School Health Advisory Council is active and has representation from key stakeholders	School provides financial, staff, and/or other in-kind support for School Health Advisory Council
School Wellness Policy	School building has formed an active School Wellness Policy Committee	School building has developed and adopted a school wellness policy based on a local needs assessment.	School Wellness Policy is being promoted, implemented, and monitored.
Physical Activity & Movement	50% Of students get 60 minutes of physical activity/day from a combination of: 1) 90 min. or more weekly in K-8 PE class, 175 min or more weekly 9-12 PE class, + 2) some combination of outside activities (active recess, extra credit activity, intramurals, etc) to add up to a daily average of 60 minutes/day	65% Of students get 60 minutes of physical activity/day from a combination of: 1) 90 min. or more weekly in K-8 PE class, 175 min or more weekly 9-12 PE class, + 2) some combination of outside activities (active recess, extra credit activity, intramurals, etc) to add up to a daily average of 60 minutes/day	80% Of students get 60 minutes of physical activity/day from a combination of: 1) 90 min. or more weekly in K-8 PE class, 175 min or more weekly 9-12 PE class, + 2) some combination of outside activities (active recess, extra credit activity, intramurals, etc) to add up to a daily average of 60 minutes/day
Physical Activity Standards/ Curriculum	Teach to National/WI standards, plus 1. Certified PE Teacher 2. Meets minimum class periods for PE/week	Uses a National Program that promotes health related fitness & lifetime physical activity participation such as Physical Best	Curriculum is aligned with national/state standards as shown via integration of standards in the curriculum
Physical Activity Assessment	Uses multiple (3) assessment strategies – specify choices: 1. Written 2. Rubrics/guideline for skills 3. Rubrics for social/self responsibility 4. Portfolios 5. Self reflection	Uses an evidence-based health related assessment tool such as Fitnessgram to inform students as to their level of health-related fitness.	Uses evidence-based assessment tool to help guide instruction. Promote student learning through student-centered projects or portfolios focusing on standards and health-related fitness concept development
Physical Activity Advocacy	Establishes programs and information resources associated with in school functions. Promotes PA in home, school & community through any of the following: 1. Newsletters 2. Activity Calendars 3. Activity Events 4. Activity Clubs 5. Summer Shape Up 6. Governors Challenge 7. Other Programs	Established Family-Based Physical Activity programs outside of class time. Increased physical activity participation by providing activities such as 1. Fitness Nights 2. Open House 3. Open Gym 4. In School Walking Path	Established Partnerships with agencies & support community based physical activity programs. Provide avenues for continued PA such as: Boys/Girls Clubs, YMCA, Park & Recreation Programs, Hiking/Biking Trail Associations, etc.
School Breakfast	The school participates in the USDA School Breakfast Program.	School breakfast program meets the participation standards.	All students in the school have access to the School Breakfast Program and the participation standards are met.
School Meals	The school meals meet the	School meals meet the	School meals meet the

	USDA nutrition standards.	healthy school meal criteria.	healthy school meal criteria. (Additional criteria)
Nutrition Education	Ten hours or more of nutrition education is provided in at least 50% of the grade levels in the school.	Ten hours or more of nutrition education is provided in at least 75% of the grade levels in the school.	10 hours or more of nutrition education is offered at each grade level in the school.
All Foods and Beverages available at School	School completes an inventory and assessment of the foods and beverages available on the school campus during the school day and at after school activities.	School Wellness Policy includes nutrition guidelines for all foods and beverages available on the school campus and at school sponsored activities.	Based on the assessment and policy adopted the school has also implemented the following: A. Made more healthy food and beverages choices available. B. Adopted healthy marketing practices.
Alcohol, Tobacco, and Other Drug Prevention	School has signage and consistently communicates the district's policy(s) prohibiting the use of ATOD on school property and at school related functions	School is using evidence-based tobacco and/or AODA prevention program	A student behavior survey has been administered to assess AODA and tobacco risk behaviors and attitudes/perceptions.
Parent and School Partnership	Parents are involved in school sponsored health education and promotion activities	School has established a formal structure to foster parent and school partnerships.	Parents are surveyed to determine their needs and priorities regarding student health and safety.